



Proposed Menu

Thursday 28th August

Arrival Lunch: Lentil Soup with sandwiches

Dinner: Thai Green Chicken Curry/ or vegan option

Friday 29th August

Lunch: Caramelised Shallot Pasta veg.

Dinner: Chilli con Carne/ or veg option

Saturday 30th August

Lunch: Spiced Chickpea Stew with Coconut, Tumeric, Kale

Early Dinner: Soup + Vegetarian Quiche

Sunday 31st August

Open Lunch for visitors: Buffet style finger food

Breakfast: Do it yourself style: Toast, porridge, eggs, yoghurt, fruit, coffee, tea

Afternoon tea/coffee everyday during break, participants are invited to bring their own treats

Subject to change